

Wilderness Under Canvas Outdoor Activity

Camp

WHO ARE WE?



The Wilderness Company is a small, independently run Outdoor Education provider

We are a highly qualified and experienced staff team who have a passion and love in delivering high quality outdoor and adventurous experiences to children. Providing them with truly memorable and unique opportunities.



WILDERNESS BASE CAMP, BALDERSDALE, DL12 9UX WWW.WILDERNESSOUTDOOREDUCATION.COM







THE WILDERNESS TEAM

We are a highly qualified and experienced staff team who have a passion and love in delivering high quality outdoor and adventurous experiences to children. Providing them with truly memorable and unique opportunities

eduFOCUS providers of EVOLVE

Wilderness Outdoor Education Ltd hold an Adventure Activities Licence (AALA) which allows us to deliver adventurous activities to under 18's. We also hold our public liability cover with AIM



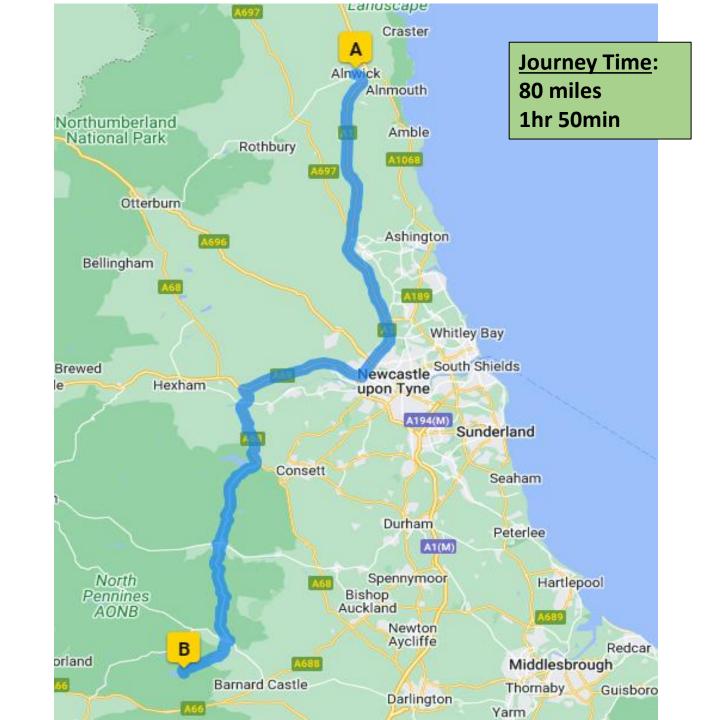
The Adventurous Activities Industry in the UK is governed by the Health and Safety Executive (HSE). Each and every provider offering outdoor activities to under 18's must partake in a rigorous inspection process in order successful gain an AALA Licence.

Location

We are located in a beautiful, sheltered woodland in the heart of Baldersdale, a small valley set in Teesdale, surrounded by rolling hills, stunning reservoirs and spectacular green open space for as far as the eye can see.

We are located a short 30 minute drive from the nearest town of Barnard Castle.

Low Birk Hatt Pennine Way Barnard Castle DL12 9UX





<u>Outdoor Activities at</u> <u>Wilderness</u>

We offer a wide range of authentic and immersive, adventurous activities, from leaping off waterfalls to crossing rivers on a handmade rafts built from scratch. Your children are sure to create memories they will treasure for years to come.

We run a busy program, days are crammed full with outdoor activities, whilst evenings are taken up by a range of whole group activities with star gazing and songs around the camp fire amongst the many options.

All activities are run by our team of highly qualified and experienced outdoor practitioners.

Outdoor Activities at Wilderness

WET ACTIVITIES

DRY ACTIVITIES

Canyoneering Raft Building Kayaking Stand Up Paddle Boarding Bell Boating Wild Swimming Bushcraft Archery Hill Walking Rock climbing Abseiling Orienteering Campfire Cooking Team Challenges









Wednesday 21st May 2025



- 08.30 hrs The coach will arrive at the school to load luggage
- 09.00 hrs Depart by coach and travel to Outdoor Wilderness Camp (DL12 9UX)
- 11.00 hrs Coach arrives. Rob from the campsite will meet you there to transfer luggage onto their own mini buses and transfer it to site

The group will then walk with the instructors down to the campsite.

Lunch – *Children to bring own packed lunches for this day & reusable water bottle

14.30 hrs Activity 1: Split into groups with instructors and school staff for each group.
16.30 hrs

Dinner is served back at the site – BBQ including hot dogs, homemade burgers, cheese salad and cooked onions. Pudding.

Evening Games: Football, Cricket, Rounders, Cards

20.00 hrs - Evening campfire with marshmallows and songs Hot Chocolate before bed

Thursday 22nd May 2025



Breakfast is served – selection of cereals, pastries, yogurts and fruit.

09.30 hrs - <u>Activity 2</u>: Split into groups with instructors and school staff for each group. 12.00 hrs

Lunch – buffet style lunch including fresh bread rolls, hams, salamis, cheese, crackers, breadsticks, salads, fruit, crisps, snack bars and cakes.

14.00 hrs - <u>Activity 3:</u> Split into groups with instructors and school staff for each group.
16.30 hrs

Dinner is served – Spaghetti Bolognese with grated cheese and garlic bread. Pudding

Evening Games: Football, Cricket, Rounders, Cards

20.00 hrs - **Quiz night** Hot chocolate before bed

Friday 23rd May 2025



Breakfast is served - selection of cereals, pastries, yogurts and fruit.

- 09.30 hrs <u>Activity 4:</u> Split into groups with instructors and school staff for each group. 12.00 hrs
 - Lunch: buffet style lunch including fresh bread rolls, hams, salamis, cheese, crackers, breadsticks, salads, fruit, crisps, snack bars and cake.
- 12.30 hrs Coach arrives at Outdoor Wilderness to load the luggage, wait for the group then depart for school
- 15.00 hrs Approximate arrival time back at school

Accommodation at Wilderness



Heavy duty canvas bell tents provide a unique and extremely novel accommodation. Children share in groups. (Max 6 per tent)





The Stretch Tent

Our giant stretch tent equipped with bench seating provides the children with shelter from the elements to enjoy a well earnt warm, hearty meal.

Facilities at Wilderness

The Hot Tent

This large group shelter equipped with log burner provides a warm and dry retreat of an evening to enjoy a tasty hot chocolate before bed.





When Nature calls.....

When nature calls we have port-a loos onsite hidden out of site behind log screening



Keeping Clean....

As well as a dip and scrub in the neighbouring reservoir, children will shower in heated outdoor showers.



Menu at Wilderness



Don't worry, we won't be foraging for our food, the children will be well fed with delicious homecooked, tasty meals; from cereals, fruit and pastries for breakfasts, buffet lunches and barbequed burgers, sausages as well as pasta bolognese and garlic bread for dinner.

Not to mention the puddings and hot chocolate with s'mores before bed.

We cater for all dietary requirements, allergies and intolerances.



Menu



Day 1	Lunch	Packed Lunch		
	Evening Meal	Camp BBQ with burgers topped with cooked onions and cheese, hot dogs and salad		
Day 2	Breakfast	Cereal, croissants, pastries, yogurts, fruit		
	Lunch	Large buffet lunch		
	Evening Meal	Spaghetti Bolagnese with garlic bread and warm chocolate brownie for pudding		
Day 3	Breakfast	Cereal, croissants, pastries, yogurts, fruit		
	Lunch	Large buffet lunch		

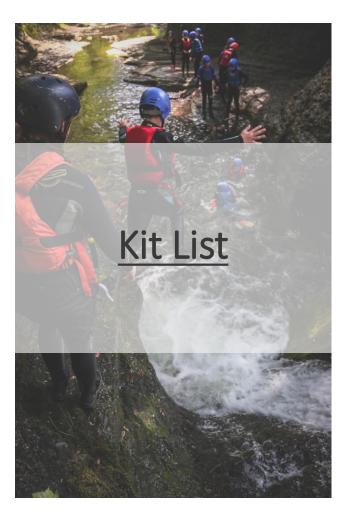


Wilderness Outdoor Education - Kit List

Essential Items

Kit List

A packed lunch and drink for the first day carried in a rucksack 1 bath towel and 1 flannel Toiletry bag containing toothbrush, toothpaste, flannel, hairbrush, hair bobbles, soap etc. Pyjamas / Oodie / Bed socks / Slippers Several pairs of socks and underwear 5 full sets of clothes, including 2 warm jumpers Warm coat / Dry robe for evening Waterproof jacket & trousers (If you have them) 1 pair of trainers for dry activities 1 pair of trainers for wet activities (Not beach shoes or wellies) 1 pair of crocs / flip-flops for around the camp Swimwear for underneath wetsuit (This can include t-shirt and shorts) Large plastic bag for dirty clothes Woolly Hat / Sun hat / Gloves Sun lotion Insect repellent Water bottle Torch Camera Pillow / Sleeping bag / Blanket





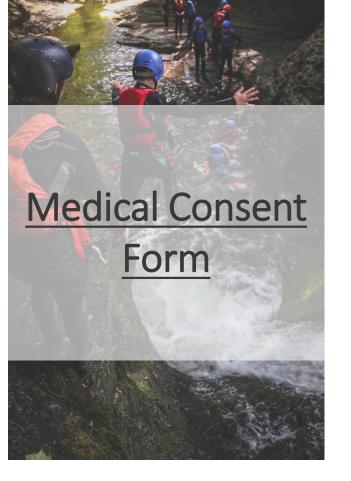
- We WILL get extremely wet and muddy so please pack old clothes, NOT your newest outfits!
- Please name all clothing and put a packing list in your bag. Please also help to pack your bag so that you know what you have and where it is!
- Remember that you will have to carry your own bag to and from the bus / tent.
- Long hair must be tied back for all activities and earrings / jewellery should not be worn.
- There should be no electronic devices on the residential visit, including mobile phones. These items <u>must</u> remain at home. You can however bring card games, a puzzle book or something to read.
- No additional sweets, food or drinks. There will be plenty of food, you will not go hungry and drinks are provided regularly during the day.

Confidential when completed

Wilderness OE Risk and Medical Consent Form

(Under 18 years of age)





Name of Child:	School / Group Name:
Age:	Date of Birth:
Home Address:	Post code:
Contact Number:	Email Address:
Emergency contact name:	Emergency contact number:

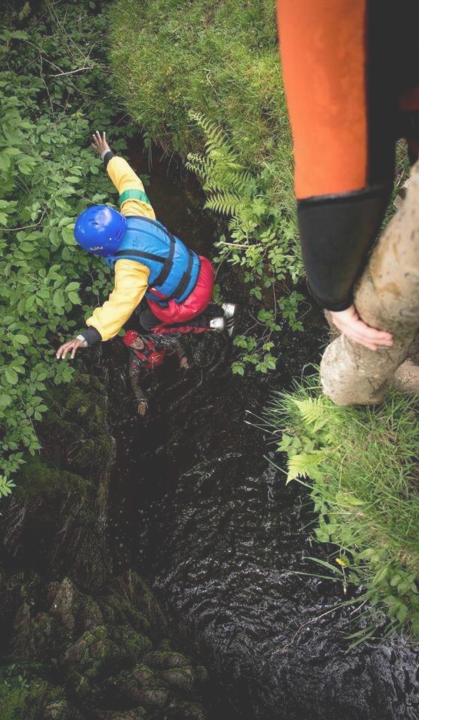
Health and Medical Information:

Individuals participating in outdoor activities are putting themselves into a situation where trained and responsible adults may have to make decisions of care on their behalf. By participating in outdoor activities, participants may experience environments and conditions where prior knowledge of details of health may prove vital in ensuring the full safety of the participants. For these reasons, we would like to have details of any medical conditions or health issues that may affect involvement in the activity. Please detail any medical conditions or illnesses for which you have been under the care of a health professional, or are taking medication, in the past 6 months.

Does your child suffer from any of the following conditions? (Cross out the YES or NO which does not apply)

Asthma	yes/no	Bronchitis	yes/no	Tuberculosis	yes/no
Epilepsy	yes/no	Fainting	yes/no	Chest Problems	yes/no
Diabetes	yes/no	Migraines	yes/no	Raised Blood Pressure	yes/no
Heart Troub	le yes/no				

Please return medical forms to school by <u>Friday 11th April</u>



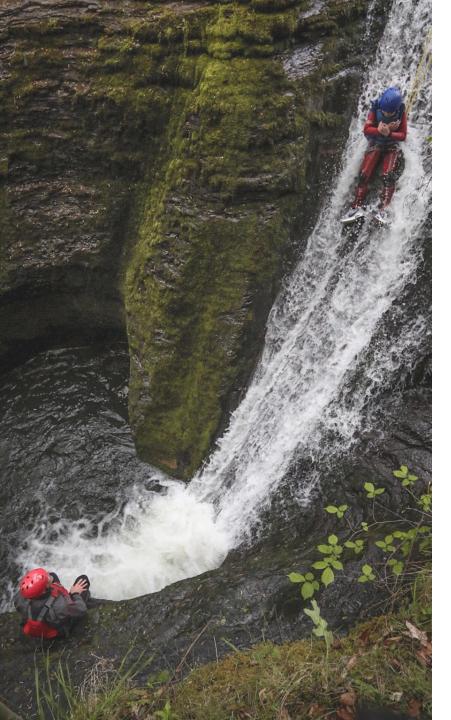
FAQ

Is it safe onsite?

Yes, the site is very private and secluded. Wilderness staff are onsite with the teachers throughout the night.

What if the weather is horrible?

We are no strangers to bad weather and are fully prepared. The program may change and alter but will remain full of adventure. In terms of accommodation we have plenty of warm and dry space for all of the group to escape the elements.



Do you have phone signal/wifi?

Yes, the site has good phone signal and emergency contact numbers will be shared with parents prior to the visit.

Parents will be informed of the groups safe arrival. Photographs of our adventures will then be uploaded to the school website after half term.

Are the tents cold?

Although the tents have no heating, they will be a comfortable temperature. The tents sit on a wooden platform and we provide comfy camp beds and additional 4 season sleeping bags to act as duvets over the top of your own sleeping bags if needed.

