



Wilderness Outdoor Education - Kit List

Essential Items

A packed lunch and drink for the first day carried in a rucksack
1 bath towel and 1 flannel
Toiletry bag containing toothbrush, toothpaste, flannel, hairbrush, hair bobbles, soap etc.
Pyjamas / Oodie / Bed socks / Slippers
Several pairs of socks and underwear
5 full sets of clothes, including 2 warm jumpers
Warm coat / Dry robe for evening
Waterproof jacket & trousers (*If you have them*)
1 pair of trainers for dry activities
1 pair of trainers for wet activities (*Not beach shoes or wellies*)
1 pair of crocs / flip-flops for around the camp
Swimwear for underneath wetsuit (*This can include t-shirt and shorts*)
Large plastic bag for dirty clothes
Woolly Hat / Sun hat / Gloves
Sun lotion
Insect repellent
Water bottle
Torch
Camera
Pillow / Sleeping bag / Blanket

- We WILL get extremely wet and muddy so please pack old clothes, NOT your newest outfits!
- Please name all clothing and put a packing list in your bag. Please also help to pack your bag so that you know what you have and where it is!
- Remember that you will have to carry your own bag to and from the bus / tent.
- Long hair must be tied back for all activities and earrings / jewellery should not be worn.
- There should be no electronic devices on the residential visit, including mobile phones. These items must remain at home. You can however bring card games, a puzzle book or something to read.
- No additional sweets, food or drinks. There will be plenty of food, you will not go hungry and drinks are provided regularly during the day.